

**Food Distribution Program on Indian Reservations
Food Distribution Program Nutrition Education (FDPNE) Grants
Summary of Projects funded in FY 2011**

MIDWESTERN REGION

Red Cliff Band of Chippewa Indians Food Distribution Program for the Midwest Nutrition Advisory Committee, \$115,181

This consortium of 23 Indian Tribal Organizations (ITOs) focuses on health promotion activities that help 8500 FDPIR participants establish habits that promote healthier lifestyles based on recommendations in the most current Dietary Guidelines for Americans. Projects funded to help accomplish these goals include the development of a culturally relevant calendar and nutrition guide for FY 2012, providing MyPlate nutrition and diet planning books vegetables to 8500 families, and issuing vegetable seed packets to the 8500 families served by the 23 ITOs.

Menominee Indian Tribe of Wisconsin, \$39,194

The Menominee Tribe will offer cooking and canning classes to FDPIR eligible participants and assist 30 families to develop home vegetable gardens.

Grand Portage Reservation, \$9,827

This organization will offer fruit and vegetable cooking classes, fruit and vegetable recipe cards, and fruit and vegetable demonstrations to participants of the Food Distribution Program on Indian Reservations, and will redevelop their existing community garden.

Leech Lake Band of Ojibwe, \$39,146

The tribe's goal is to increase the number of tribal members who consume more fruit and vegetables and increase physical activity. They will plant a Three Sisters Garden and conduct food and physical activity demonstrations. Other activities include taste testing events, dissemination of MyPyramid nutrition education handouts, poster displays at various sites, radio broadcasts, and newspaper articles.

MOUNTAIN PLAINS REGION

United Tribes of Kansas and Southeast Nebraska, \$2,164

The goal of the project is to encourage FDPIR participants to increase their daily consumption of fruits and vegetables by promoting their involvement in planting a community garden, and offering nutrition classes that focus on fruits and vegetables.

Confederated Salish & Kootenai Tribes, \$118,032

This project is a collaborative effort between the Confederated Salish & Kootenai Tribes' FDPIR, the Montana State University Extension Service, and the Extension Program at the Salish Kootenai College. They will replant the three gardens developed in FY 2010, provide nutrition education during summer camps, and conduct physical education demonstrations during summer camps. Other activities focus on teaching FDPIR participants to prepare affordable meals using USDA and other foods.

Chippewa Cree Tribe of the Rocky Boy's Reservation, \$22,034

The Chippewa Cree Tribe will develop and maintain a garden planted by and cared for by youth, conduct food demonstrations featuring USDA Foods, conduct canning classes for FDPIR participants, and present nutrition information at various community events.

Rosebud Sioux Tribe, \$83,674

The Rosebud Sioux Tribe will work collaboratively with the tribe's Boys and Girls clubs and their Diabetes Prevention program to encourage FDPIR-eligible persons on the reservation to increase their intake of fruits and vegetable and engage in physical activity on a daily basis. They will plant gardens at three Boys and Girls program sites and will provide food and physical education demonstrations.

Oglala Sioux Tribe for the Mountain Plains Nutrition Advisory Committee, \$145,328

The Oglala Sioux represents a consortium of seven ITO members comprised of 30 tribes in the Mountain Plains region that promote nutrition education and physical activity for tribal members. The consortium will provide physical education demonstrations, food demonstrations, cooking classes, and nutrition education to youth at three summer day camps.

SOUTHEAST REGION**Mississippi Band of Choctaw Indians, \$44,941**

The tribe will conduct classes on healthy eating, present healthy cooking demonstrations, and host food tasting events at eight tribal communities.

SOUTHWEST REGION**Pueblo of Zuni Food Distribution Program, \$29,225**

Their project will conduct nutrition education, cooking and canning sessions for adults and children that will be led by a Registered Dietitian and a Home Economist. They will focus on fruits, vegetables, and whole grains.

The Chickasaw Nation, \$109,435

The Chickasaw Nation, in collaboration with a project dietitian, will expand the "Recipes Wrapped in Love" project. Each of eight families will develop and test six new recipes that feature whole grains, fruits, and vegetables. A Recipes Wrapped in Love toolkit developed with FY 2010 FDPNE funding will incorporate additional recipes developed in FY 2011. The toolkits include recipes, menus, shopping lists, and snack ideas. The expansion products will be distributed to 5,000 FDPIR participants.

WESTERN REGION**South Puget Intertribal Planning Agency, \$60,645**

The objectives of the project are to encourage FDPIR participants to increase the consumption of fruits and vegetables and to consume less salt. The tribe will hire a nutritionist who will travel to several sites to conduct nutrition education sessions and food demonstrations.

Lummi Indian Business Council, \$119,290

The Lummi Indian Business Council will conduct fruit and vegetable food demonstrations at various community events, distribute nutrition education materials, and develop a community garden.

Sherwood Valley Food Program, \$41,182

This project will encourage FDPIR participants to increase their intake of fruits and vegetables and increase daily physical activity. They will provide food and physical activity demonstrations, and food gathering activities at four sites. They will also continue their focus on encouraging eight tribal organizations served by the food program to adopt policy on healthy foods and physical activity.